



# YOUR MAGIC # QUIZ

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working with dog.





## WHERE ARE YOU NOW?

On the following pages you're going to find the **Magic Audit Quiz** – a tool that will help you get clear about the areas of your life where you may need to focus first to truly achieve freedom & fulfilment. This quiz is meant to be a barometer to help you identify your areas for growth, as well as the areas where you're probably already experiencing some freedom and fulfilment (which may be a good reminder to let yourself really acknowledge and enjoy it more!)

The purpose of this quiz is to set a benchmark – to help you create the real and specific change you'd like to make – and to recognize progress as you're making it – instead of constantly feeling stuck or 'not enough'.

### If you're feeling brave, we'd love for you to share your score in the Facebook Group

There we can carry on the conversation there about where to start, what to try, recommendations for strategies, tools, resources, books and more!

## QUIZ DIRECTIONS

1. For each question, if the answer is 'yes', give yourself one point. If it is no, zero points
2. After you've scored each category, make some notes on the right side of the page... what's jumping out at you? How are you feeling?
3. If your score is less than 17, circle THREE of the 20 in the list that you feel are the MOST URGENT for you to address FIRST
4. At the end you'll add up your scores to a total 'Magic Number'















**1. HEALTH & WELLBEING**

## NOTES

## SCORE

**2. MONEY****3. LOVE & CONNECTION****4. HAPPINESS & PLEASURE****5. SERVICE & GROWTH****MY MAGIC NUMBER:****/100**